



Marios Goudas

Items	Number
Books	7
Book Chapters	9
Articles in International Peer-Reviewed Journals Indexed in Bibliographical Databases (e.g. SPORTDISCUS)	114
Articles in Journals not Indexed in Bibliographical Databases	8
Refereed International Conference Presentations	108
Invited Presentations	32
Harzing's PorP/Scopus Citation Index (including self-citations)	~4200/980
Harzing's PorP/Scopus h-index	33/20
Involved in Successful Grant Applications	10 (~850.000€)

1 EDUCATION

- Ph.D , School of Education, University of Exeter
- Bsc, Department of Physical Education and Sport Science, Aristotle University of Thessaloniki

2 EMPLOYMENT HISTORY

- Professor, Dept. of P.E. and Sport Science, Univ. of Thessaly (2012 -)
- Associate Professor, Dept. of P.E. and Sport Science, Univ. of Thessaly (2008-2011)
- Assistant Professor, Dept. of P.E. and Sport Science, Univ. of Thessaly (2003-2007)
- Lecturer, Dept. of P.E. and Sport Science, Univ. of Thessaly (1998-2002)
- Teaching Assistant, Dept. of P.E. and Sport Science, Univ. of Thessaly (1996-1998)

Books

1. Kolovelonis, A., & Goudas, M. (2015). Διδάσκοντας αθλητικές δεξιότητες στα παιδιά. [Teaching children sport skills]. Θεσσαλονίκη: Εκδ. Κυριακίδη.
2. Goudas, M., Hasandra, M., Papacharisis, V., & Gerodimos, V. (2006). Φυσική Αγωγή Α' Γυμνασίου – Βιβλίο Καθηγητή. [National Curriculum, Physical Education – Grade 7] Αθήνα: Υ.Π.Ε.Π.Θ. [Greek Ministry of Education]
3. Goudas, M., Perkos, S., & Theodorakis, Y. (2004). Ψυχολογική υποστήριξη στο μπάσκετ. [Psychological Preparation for Basketball] Θεσσαλονίκη: Εκδ. Χριστοδουλίδη.
4. Kioumourtzoglou, E. & Goudas, M. (2003). Το μπάσκετ πέρα από τα βασικά και στα συστήματα. [Basketball beyond skills and tactics] Θεσσαλονίκη: Εκδ. Χριστοδουλίδη.
5. Papaioannou, A., Theodorakis, Y., & Goudas, M. (1999). Για μια καλύτερη φυσική αγωγή. Θεσσαλονίκη: [Towards a better physical education]. Εκδ. Χριστοδουλίδη.
6. Theodorakis, Y., & Goudas, M. (2002). Η ψυχολογία στα γυμναστήρια. Τεχνικές για μακρόχρονη συμμετοχή των ασκούμενων. [Psychology in the gym: Techniques for prolonged participation]. Θεσσαλονίκη: Εκδ. Χριστοδουλίδη.
7. Theodorakis, Y., Goudas, M., & Papaioannou, A. (2002). Ψυχολογική υπεροχή στον αθλητισμό. [Psychological excellence in sport] Θεσσαλονίκη: Εκδ. Χριστοδουλίδη.

Book chapters

1. Pesce, C., Faigenbaum, A.D., Goudas, M., & Tomporowski, P.D. (submitted). Coupling our plough of thoughtful moving to the star of children's right to play: from neuroscience to multisectoral promotion. In: R. Bailey, R. Meeusen, S. Kubesch, & P. Tomporowski (eds.), *Physical Activity and Educational Achievement: Insights from exercise neuroscience*. London: Routledge.
2. Goudas, M., Kolovelonis, A., & Dermitzaki, I. (2013). Implementation of self-regulation interventions in physical education and sports contexts. In Bembenuy, H., Cleary, T., & Kitsantas, A. (Eds.), *Applications of self-regulated learning across diverse disciplines: A tribute to Barry J. Zimmerman* (pp. 383 -416). Greenwich, CT: Information Age.
3. Theodorakis, Y., Hatzigeorgiadis, A., Chroni, S., & Goudas, M. (2007). Goal setting in physical education. In J. Liukkonen (Ed.) *Psychology for physical educators* (pp. 21-34). Champaign, IL: Human Kinetics.
4. Papaioannou, A., & Goudas, M. (1999). Motivational climate in physical education. In Y.V. Auweele, F., Bakker, S. Biddle, M. Durand, & R. Seiler, (Eds.), *Textbook on psychology for physical educators*. Champaign, IL: Human Kinetics
5. Γούδας, Μ., Χασάνδρα, Μ., & Κοσμίδου, Ε. (2008). Κοινωνικές ανισότητες και κοινωνικός αποκλεισμός. [Social inequalities and social exclusion – Teachers' Book] . In Theodorakis Y. (Ed.): Πρόγραμμα Καλλιπάτειρα – Από τα σπορ στην καθημερινή ζωή – Όλοι διαφορετικοί, όλοι ίσοι – Βιβλίο Εκπαιδευτικού [The Kalipatira project. From sport to daily life. All equal – all different – Teachers's Book] (pp 94-104). Greek Ministry of Education
6. Γούδας, Μ., Χασάνδρα, Μ., & Κοσμίδου, Ε. (2008). Διδακτικές Κάρτες – Ενότητα Κοινωνικές ανισότητες και κοινωνικός αποκλεισμός. [Lesson Plans for Social

inequalities and social exclusion – Teachers’ Book]. In Theodorakis Y. (Ed.): Πρόγραμμα Καλλιπάτειρα – Από τα σπορ στην καθημερινή ζωή – Όλοι διαφορετικοί, όλοι ίσοι – Βιβλίο Εκπαιδευτικού [The Kalipatira project. From sport to daily life. All equal – all different – Teachers’s Book (pp. 158-104). Greek Ministry of Education.

7. Γούδας, Μ., Χασάνδρα, Μ., & Κοσμίδου, Ε. (2008). Διδακτικές Κάρτες – Ενότητα Κοινωνικές ανισότητες και κοινωνικός αποκλεισμός. [Student activities for Social Inequalities and Social Exclusion – Students Book –Grades 1,2,&3). In Theodorakis Y. (Ed.): Πρόγραμμα Καλλιπάτειρα – Από τα σπορ στην καθημερινή ζωή – Όλοι διαφορετικοί, όλοι ίσοι – Βιβλίο Εκπαιδευτικού [The Kalipatira project. From sport to daily life. All equal – all different. Students Book Grades 1,2, & 3. (pp. 26-29). Greek Ministry of Education.
8. Γούδας, Μ., Χασάνδρα, Μ., & Κοσμίδου, Ε. (2008). Διδακτικές Κάρτες – Ενότητα Κοινωνικές ανισότητες και κοινωνικός αποκλεισμός. [Student activities for Social Inequalities and Social Exclusion – Students Book –Grades 4, 5,& 6). In Theodorakis Y. (Ed.): Πρόγραμμα Καλλιπάτειρα – Από τα σπορ στην καθημερινή ζωή – Όλοι διαφορετικοί, όλοι ίσοι – Βιβλίο Εκπαιδευτικού [The Kalipatira project. From sport to daily life. All equal – all different. Students’ Book Grades 4, 5, & 6. (pp. 21-26). Αθήνα: Παιδαγωγικό Ινστιτούτο
9. Γούδας, Μ., Χασάνδρα, Μ., & Κοσμίδου, Ε. (2008). Διδακτικές Κάρτες – Ενότητα Κοινωνικές ανισότητες και κοινωνικός αποκλεισμός. [Student activities for Social Inequalities and Social Exclusion – Students Book –Grades 7, 8,& 9). In Theodorakis Y. (Ed.): Πρόγραμμα Καλλιπάτειρα – Από τα σπορ στην καθημερινή ζωή – Όλοι διαφορετικοί, όλοι ίσοι – Βιβλίο Εκπαιδευτικού [The Kalipatira project. From sport to daily life. All equal – all different. Students’ Book Grades 7, 8, & 9. (pp. 27- 30).

Papers in Refereed Journals
(Arranged by Topic/Chronological order)

Self-Regulated Learning in Physical Education and Youth Sport

1. Kolovelonis, A., Goudas, M., Dermitzaki, I., & Kitsantas, A. (2013). Self-Regulated Learning and Performance Calibration among Elementary Physical Education Students. *European Journal of Psychology of Education*, 28, 685–701.
2. Kolovelonis, A., & Goudas, M. (2013). The development of self-regulated learning of motor and sport skills in physical education: A review. *Hellenic Journal of Psychology*, 10, 193-210.
3. Kolovelonis, A., Goudas, M., & Dermitzaki, I. (2012). Students' performance calibration in a basketball dribbling task in elementary physical education. *International Electronic Journal of Elementary Education*, 4, 507-517.
4. Kolovelonis, A., Goudas, M., & Dermitzaki, I. (2012). The Effects of Self-Talk and Goal Setting on Self-Regulation of Learning a New Motor Skill in Physical Education. *International Journal of Sport and Exercise Psychology*, 10, 1-15.
5. Kolovelonis, A., Goudas, M., Hassandra, M. & Dermitzaki, I. (2012). Self-Regulated Learning in Physical Education: Examining the Effects of Emulative and Self-Control Practice. *Psychology of Sport and Exercise*, 13, 383-389.
6. Kolovelonis, A., & Goudas, M. (2012). Students' Recording Accuracy in the Reciprocal and the Self-Check Teaching Styles in Physical Education. *Educational Research and Evaluation*, 18, 733-747.
7. Kolovelonis, A., Goudas, M., & Dermitzaki, I. (2011). The effects of instructional and motivational self-talk on students' motor task performance in physical education. *Psychology of Sport and Exercise*, 12, 153-158.
8. Kolovelonis, A., Goudas, M., & Dermitzaki, I. (2011). The effect of different goals and self-recording on self-regulation of learning a motor skill in a physical education setting. *Learning and Instruction*, 21, 355-364.
9. Kolovelonis, A., Goudas, M., & Gerodimos, V. (2011). The effects of the reciprocal and the self-check styles on pupils' performance in primary physical education. *European Physical Education Review*, 17, 35-50.
10. Kolovelonis, A., Goudas, M., & Dermitzaki, I. (2010). Self-regulated learning of a motor skill through emulation and self-control levels in a physical education setting. *Journal of Applied Sport Psychology*, 22, 198-212.
11. Dermitzaki, I., Leondari, A., & Goudas, M. (2009). Relations between young students' strategic behaviours, domain-specific self-concept, and performance in a problem-solving situation. *Learning and Instruction*, 19, 144-157.

Life Skills Teaching in Sport and Physical Education

12. Pesce, C., Marchetti, R., Forte, R., Crova, C., Scatigna, M., Goudas, M., & Danish, S. J. (2016). Youth Life Skills Training: Exploring Outcomes and Mediating Mechanisms of a Group-Randomized Trial in Physical Education. *Sport, Exercise, and Performance Psychology*, 5, 232-246.
<http://dx.doi.org/10.1037/spy0000060>
13. Marchetti, R., Pesce, C., Forte, R., Goudas, M., & Danish, S. (in press). When Preadolescents Perceive Emotional, Cognitive, and Social Life Skills: The Role of Dispositional Goal Orientations and Situational Climate in Sport
Annals of Sports Medicine and Research.

14. Goudas, M. (2010). Prologue: A review of life skills teaching in sport and physical education. *Hellenic Journal of Psychology*, 7, 241-258.
15. Goudas, M., & Giannoudis, G. (2010). A qualitative evaluation of a life skills teaching program in a physical education context. *Hellenic Journal of Psychology*, 7, 315-334.
16. Hassandra, M., Kofou, G., Goudas, M., & Theodorakis, Y. (2010). Greek physical education teachers' views about sociomoral education. *International Journal of Physical Education*, 3, 33-39.
17. Hassandra, M. & Goudas, M. (2010). An evaluation of a physical education program for the development of students' personal and social responsibility. *Hellenic Journal of Psychology*, 7, 275-297.
18. Goudas, M., & Magotsiou, E. (2009). The effects of a cooperative physical education program on students' social skills. *Journal of Applied Sport Psychology*, 21, 356-364.
19. Goudas, M., Magotsiou, E., & Hatzigeorgiadis, A. (2009). Psychometric properties of the Greek version of the Feelings Toward Group Work Questionnaire. *European Journal of Psychological Assessment*, 25, 204-210.
20. Goudas, M., Magotsiou, E., & Hatzigeorgiadis, A. (2009). Self – and peer – assessment of social competence. *Perceptual and Motor Skills*, 108, 94-96.
21. Goudas, M., & Giannoudis, G. (2008). A team-sports-based life-skills program in a physical education context. *Learning and Instruction*, 18, 528-536.
22. Hassandra, M., Goudas, M., Hatzigeorgiadis, A., & Theodorakis, Y. (2007). A fair play intervention program in school Olympic Education. *European Journal of Psychology of Education*, XXII, 99-114.
23. Goudas, M., Dermitzaki, I., Leondari, A., & Danish, S. (2006). The effectiveness of teaching a life skills program in a physical education context. *European Journal of Psychology of Education*, XXI, 429-438.
24. Magotsiou, E., Goudas, M., & Hassandra, M. (2006). Validity and reliability of the Greek version of the Multisource Assessment of Social Competence Scale. *Perceptual and Motor Skills*, 103, 667-675.
25. Papacharisis, V., Goudas, M., Danish, S., & Theodorakis, Y. (2005). The effectiveness of teaching a life skills program in a sport context. *Journal of Applied Sport Psychology*, 17, 247-254.

Motivation in Physical Education and Sport

26. Kolovelonis, A., Mousouraki, M., Goudas, M., & Michalopoulou, M. (2013). Psychometric properties of the Greek version of the children and youth Physical Self-Perception Profile Questionnaire. *Advances in Physical Education*, 3, 158-164.
27. Vlachopoulos, S., Katartzi, E., Kontou, M., Moustaka, F., & Goudas, M. (2011). The revised perceived locus of causality in physical education scale: Psychometric evaluation among youth. *Psychology of Sport and Exercise*, 12, 583-592.
28. Goudas, M., & Hassandra, M. (2006). Greek students' motives for participation in physical education. *International Journal of Physical Education*, XLIII, 85-89.
29. Goudas, M., & Dermitzaki, I. (2004). Participation motives in physical education: An expectancy – value approach. *Perceptual and Motor Skills*, 99, 1168 – 1170.
30. Papacharisis, V., Simou, K., & Goudas, M. (2003). The relationship between intrinsic motivation and intention towards exercise. *Journal of Human Movement Studies*, 45, 277-386.
31. Papacharisis, V., & Goudas, M. (2003). Perceptions about exercise and intrinsic motivation of students' attending a health-related program. *Perceptual and Motor*

- Skills*, 97, 689-696.
32. Hassandra, M., Goudas, M., & Chroni, S. (2003). Examining factors associated with intrinsic motivation in physical education: A qualitative approach. *Psychology of Sport and Exercise*, 4, 211-223.
 33. Tzetzis, G., Goudas, M., Kourtessis, T., & Zisi, V. (2002). The relation of goal orientations to physical activity in physical education. *European Physical Education Review*, 8, 177-188.
 34. Biddle, S.J.H., Akande, D., Armstrong, N., Ashcroft, M., Brooke, R., & Goudas, M. (1996). The self-motivation inventory modified for children: Evidence on psychometric properties and its use in physical exercise. *International Journal of Sport Psychology*, 27, 237-250.
 35. Goudas, M., Dermitzaki, I., & Bagiatis, K. (2001). Motivation in physical education is correlated with participation in sport after school. *Psychological Reports*, 88, 491-496.
 36. Goudas, M., Minardou, K., & Kotis, I. (2000). The effect of feedback regarding goal achievement on intrinsic motivation. *Perceptual and Motor Skills*, 90, 810-812.
 37. Goudas, M., Dermitzaki, I., & Bagiatis, K. (2000). Predictors of students' intrinsic motivation in school physical education. *European Journal of Psychology of Education*, 15, 271-280.
 38. Goudas, M. (1998). Motivational climate and intrinsic motivation in amateur basketball players. *Perceptual and Motor Skills*, 86, 323-327.
 39. Goudas, M., Biddle, S., & Underwood, M. (1995). A prospective study of the relationships between motivational orientations and perceived competence with intrinsic motivation and achievement in a teacher education course. *Educational Psychology*, 15, 89-96.
 40. Biddle, S., & Goudas, M. (1998). Physical education teacher efficacy: Scale development and relationship with curricular goals. *Αθληση και Κοινωνία*, [*Sport and Society*], 19, 23-32.
 41. Goudas, M., Biddle, S., Fox, K. & Underwood, M. (1995). It ain't what you do, it's the way that you do it! Teaching style affects children's motivation in track and field lessons. *The Sport Psychologist*, 9, 254-264.
 42. Biddle, S., & Goudas, M. (1997). Effort is virtuous: Teacher preferences of pupil effort, ability and grading in physical education. *Educational Research*, 39, 350-355.
 43. Biddle, S., & Goudas, M. (1996). Analysis of children's physical activity and its association with adult encouragement and social cognitive variables. *Journal of School Health*, 66, 75-78.
 44. Cury, F., Biddle, S., Famose, J.P., Goudas, M., Sarrazin, P., & Durand, M. (1996). Personal and situational factors influencing intrinsic interest of adolescent girls in school physical education: A structural equation modelling analysis. *Educational Psychology*, 16, 305-315.
 45. Biddle, S., Cury, F., Goudas, M., Sarrazin, P., Famose, J.P., & Durand, M. (1995). Development of scales to measure perceived physical education classes climate: A cross-national project. *British Journal of Educational Psychology*, 65, 341-358.
 46. Goudas, M., Biddle, S.J.H., & Fox, K.R. (1994). Achievement goal orientations and intrinsic motivation in physical fitness testing. *Pediatric Exercise Sciences*, 6, 159-167.
 47. Biddle, S.J.H., Goudas, M., & Page, A. (1994). Social-psychological predictors of self reported actual and intended physical activity in a university workforce sample. *British Journal of Sports Medicine*, 28, 160-163.

48. Goudas, M., & Biddle, S.J.H. (1994). Perceived motivational climate and intrinsic motivation in school physical education classes. *European Journal of Psychology of Education, 9*, 241-250.
49. Goudas, M., & Biddle, S. (1994). Intrinsic motivation in physical education: Theoretical foundations and contemporary research. *Educational and Child Psychology, 11*, (2), 868-76.
50. Goudas, M., Biddle, S., & Fox, K. (1994). Perceived locus of causality, goal orientations, and perceived competence in school physical education classes. *British Journal of Educational Psychology, 64*, 453-463.
51. Biddle, S., & Goudas, M., (1994). Sport, activite physique et sante chez les enfants (Sport, physical activity and mental health in children). *Enfance, 2-3*, 135-144.
52. Fox, K.R., Goudas, M., Biddle, S.J.H., Duda, J., & Armstrong, N. (1994). Children's task and ego goal profiles in sport. *British Journal of Educational Psychology, 64*, 253-261.
53. Goudas, M., & Biddle, S.J.H. (1993). Pupil perceptions of enjoyment in physical education. *Physical Education Review, 16*, 145-150.
54. Ashford, B., Biddle, S.J.H., & Goudas, M. (1993). Participation in community sport centres: Motives and predictors of enjoyment. *Journal of Sport Sciences, 11*, 249-256.
55. Biddle, S.J.H., & Goudas, M. (1993). Teaching styles, class climate and motivation in physical education. *British Journal of Physical Education, 24*, (3), 38-39.

Exercise and Health

56. Kolovelonis, A., Goudas, M., & Theodorakis, Y. (2016). Examining the Effectiveness of the Smoking Prevention Program “I Do Not Smoke, I Exercise” in Elementary and Secondary School Settings. *Health Promotion Practice, 17*, 827 – 835. DOI: 10.1177/1524839916651400
57. Zourbanos, N., Hatzigeorgiadis, A., Tsiami, A., Tzatzaki, T., Georgakouli, K., Manthou, E., et al. (in press). An initial investigation of smokers' urges to smoke and their exercise intensity preference: A mixed-methods approach. *Cogent Medicine*.3: 1149043. <http://dx.doi.org/10.1080/2331205X.2016.1149043>
58. Tsiami, A., Kolovelonis, A., Goudas, M., & Theodorakis, Y. (2016). Exercise, smoking and depression symptoms: A qualitative study. *Inquiries in Sport and Physical Education, 14*, 16-26.
59. Hatzigeorgiadis, A., Pappa, V., Tsiami, A., Tzatzaki, T., Georakouli, K., Zourbanos, N., Goudas, M., Chatzisarantis, N., Theodorakis, Y. (2016). *Addictive Behaviors, 57*, 35-37.
60. Hassandra, M., Kolovelonis, A., Chroni, S., Olympiou, A., Goudas, M., & Theodorakis, Y. (2015). Understanding the experiences of heavy smokers after exercise. *Health, 7*, 1622-1633.
61. Hassandra, M., Goudas, M., & Theodorakis, Y. (2015). Exercise and smoking: A research overview. *Health, 7*, 1477-1491.
62. Jamurtas, A. Z., Zourbanos, N., Georgakouli, K., Georgoulas, P., Manthou, E., Fatouros, I. G., Goudas, M., Koutentakis, Y., & Theodorakis, Y. (2014). Beta endorphin and alcohol urge responses in alcoholic patients following an acute bout of exercise. *Journal of Addiction Reserch & Therapy, 5*(4),194. doi: 10.4172/2155-6105.1000194
63. Zourbanos, N., Dimitriou, E., Goudas, M., & Theodorakis, I. (2014). Reliability and Validity of the Greek version of the Smoking Efficacy Scale for Adolescents. *Evaluation and the Health Professions*. DOI: 10.1177/0163278713520450

64. Theodorakis, Y., Goudas, M., Zourbanos, N., Hatzigeorgiadis, A., & Jamurtas, A. (2014). Exercise as a means for smoking and alcohol cessation: New trends in research. *Inquiries in Sport & Physical Education*, 12, 226-233.
65. Kosmidou, E., Hassandra, M., Hatzigeorgiadis, A. Goudas, M., & Theodorakis, Y. (2011). Smoking outcome expectancies and smoking status from early to late adolescence in Greece. *International Journal of Child and Adolescent Health*, 4, 237-246.
66. Hasandra, M., Vlachopoulos, S., Kosmidou, E., Hatzigeorgiadis, A., Goudas, M., & Theodorakis, Y. (2011). Predicting students' intention to smoke by theory of planned behaviour variables and parental influences across school grade levels. *Psychology and Health*, 26, 1241-1258.
67. Dimitriou, E., Goudas, M., & Theodorakis, Y. (2010). The effects of a tobacco smoking prevention programme for secondary school students. *European Journal of Physical and Health Education*, 4, 73-80.
68. Polatou, E., Bakali, N., Goudas, M., & Theodorakis, Y. (2010). Body image in female professional and amateur dancers. *Research in Dance Education*, 11, 2, 131- 136.
69. Theodorakis, Y., Natsis, P., Papaioannou, A., & Goudas, M. (2002). Correlation between exercise and other health related behaviors in Greek Students. *International Journal of Physical Education* 39, 30-34.
70. Biddle, S.J.H., Goudas, M., & Page, A. (1994). Social-psychological predictors of self- reported actual and intended physical activity in a university workforce sample. *British Journal of Sports Medicine*, 28, 160-163.

Performance Enhancement

71. Zourbanos, N., Hatzigeorgiadis, A., Goudas, M., Papaioannou, A., Chroni, S., & Theodorakis, Y. (2011). The social side of self-talk: Relationships between perceptions of support received from the coach and athletes' self-talk. *Psychology of Sport and Exercise*, 12, 407-414
72. Goudas, M., Theodorakis, Y., & Laparidis, K. (2007). The effect of external versus internal types of feedback and goal setting on endurance performance. *Athletic Insight*, 9, (3).
73. Goudas, M., Hatzidimitriou, V., & Kikidi, M. (2006). The effects of self-talk on throwing – and – jumping events performance. *Hellenic Journal of Psychology*, 3, 105- 116.
74. Theodorakis, Y., & Goudas, M. (2006). Introduction to the Special Issue “Self-talk in sport and physical education. *Hellenic Journal of Psychology*, 3, 97 -104.
75. Goudas, M., Kontou, M., & Theodorakis, Y. (2006). Validity and reliability of the Greek version of the Test of Performance Strategies (TOPS) for athletes with disabilities. *Japanese Journal of Adapted Sport Science*, 4, 29-36.
76. Goudas, M., Minardou, K., & Kotis, I. (2000). The effect of feedback regarding goal achievement on intrinsic motivation. *Perceptual and Motor Skills*, 90, 810-812.
77. Goudas, M., Ardamerinos, N., Vassiliou, S., & Zanou, S. (1999). Effect of goal setting on reaction time. *Perceptual and Motor Skills*, 89, 849-852.
78. Goudas, M., Theodorakis, Y., & Karamousalidis, G. (1998). Psychological skills in basketball. A preliminary study for the development of a Greek form of the Athletic Coping Skills Inventory. *Perceptual and Motor Skills*, 86, 59-65.
79. Theodorakis, I., Laparidis, K., Kioumourtzoglou, E., & Goudas, M. (1998). Combined effects of goal setting and performance feedback on performance and physiological response on a maximum effort task. *Perceptual and Motor Skills*,

86, 1035-1041.

80. Theodorakis, Y., Malliou, P., Beneca, A., & Goudas, M. (1998). Examining psychological factors during injury rehabilitation. *Journal of Sport Rehabilitation*, 6, 355-363.
81. Theodorakis, Y., Beneca, A., Goudas, M., Antoniou, P., & Malliou, P. (1998). The effects of self-talk on injury rehabilitation. The effect of self-talk on injury rehabilitation. *European Yearbook of Sport Psychology*, 2, 124-135.

Attitudes Towards Exercise

82. Theodorakis, Y., Natsis, P., Papaioannou, A., & Goudas, M. (2003). Greek students' attitudes toward physical activity and health-related behavior. *Psychological Reports*, 92, 25-283.
83. Theodorakis, Y., & Goudas, M. (1997). Physical education interventions and attitude change. *International Journal of Physical Education*, 38 (2), 65-69.
84. Theodorakis, Y., & Bagiatis, K., & Goudas, M. (1995). Attitudes toward teaching individuals with disabilities: Application of planned behavior theory. *Adapted Physical Activity Quarterly*, 12, 151-160.
85. Theodorakis, Y., Goudas, M., & Kouthuris, H. (1992). Change of attitudes toward skiing as a result of participation in a skiing course. *Perceptual and Motor Skills*, 75, 272-274.
86. Theodorakis, Y., & Goudas, M., Bagiatis, K., & Doganis, G. (1993). Reasoned action theory and the prediction of training participation in young swimmers. *British Journal of Physical Education Research Supplement* 13, 10-12.
87. Theodorakis, Y., Doganis, G., Bagiatis, K., & Goudas, M. (1991). Preliminary study on the ability of reasoned action model in predicting exercise behavior of young children. *Perceptual and Motor Skills*, 72, 51-58.

Other

88. Diakaki, E., Goudas, M., & Chroni, S. (2016). Migrating cyclists and identity reconstructions: Two tales of leaving and parting the dream. *Inquiries in Sport and Physical Education*, 14, 87-101.

Book translation (from English to Greek)

	Book title	Author	Publisher	Translators	Greek Publisher
1	Basketball: Steps to success	Wissel, H.	Human Kinetics	Πέρκος, Σ., Γεροδήμος, Β., & Γούδας, Μ.	Χριστοδουλ ίδη
2	Coaches guide to sport psychology	Martens, R.	Human Kinetics	Θεοδωράκης, Ι., & Γούδας, Μ.	Σάλτο

Editorship of Journals' Special Issues

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- 1 Hellenic Journal of Psychology, (2010), 7 (3). Special Issue: Life skills teaching in sport and physical education.
 - 2 Hellenic Journal of Psychology, (2006), 3 (2). Special Issue: Self talk in sport psychology.
 - 3 Ψυχολογία, το Περιοδικό της Ελληνικής Ψυχολογικής Εταιρείας, [Psychology, The Journal of the Greek Psychological Society (2002), 9 (4). Special Issue: Issues in sport and exercise psychology.
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Short Papers in conference proceedings

1. Skayiannis, P, Goudas, M., & Rodakinias, P. (2016). Sustainable mobility and physical activity: A meaningful marriage. Proceedings of the 3rd Conference on Sustainable Urban Mobility, Volos, 26-27 May.
2. Goudas, M. (2016). Life-skills teaching in sport and physical education. Manual of the Intensive Course in Sport and Exercise Psychology, Trikala, 25-29 January.
3. Goudas, M., Tsimeas, P., Tsitskari, E., Baker, C., Loughgreen, E., & Crone, D. (2015). Skills and attributes needed in the workplace: A European survey of sport employers' and sport graduates' perceptions. Proceedings of the 23rd International Congress on Physical Education and Sport, Komotini, 17-19 May.
4. Kosmidou, E., Theodorakis, Y., Goudas, M. & Papaioannou, A. (2007). Written anti – smoking / pro –exercise messages: Does a peer source make a difference for adults or adolescents? Proceedings of the 12th European Congress of Sport Psychology, Halkidiki, 3-9 September, pp. 1030-1033
5. Kontou, M., Theodorakis, Y., Goudas, M., & Papaioannou, A. (2007). Physical activity and quality of life. Differences between persons with or without physical disabilities. Proceedings of the 12th European Congress of Sport Psychology, Halkidiki, 3-9 September, pp. 1017-1020.
6. Hassandra, M., Goudas, M., & Hatzigeorgiadis, A. (2003). Attitudes towards fair play in physical education: The role of intrinsic motivation and gender. Proceedings of the 11th European Congress of Sport Psychology, Copenhagen, Denmark.
7. Papacharisis, V., & Goudas, M. (2001). The effect of individual differences on intrinsic motivation of students participating in a health-related intervention in physical education. Proceedings of the 10th World Congress on Sport Psychology.
8. Hassandra, M., & Goudas, M. (2001). A qualitative investigation of environmental factors affecting intrinsic motivation in physical education. Proceedings of the 10th World Congress on Sport Psychology.
9. Goudas, M., & Bagiatis, K. (1999). Differences in students' motivation in Physical education according to their participation in sports. Proceedings of the 10th European Congress on Sport Psychology. Prague: Charles University.
10. Goudas, M., Vassiliou, S., & Akriboulis, Y. (1998). A qualitative investigation of coaches' views of sport psychology. Πρακτικά Που Διεθνούς Συνεδρίου Αθλητικής Ψυχολογίας. Πανεπιστήμιο Θεσσαλίας.
11. Goudas, M., Minardou, K., & Zanou, S. (1998). Interactive effect of goal orientations and feedback regarding goal achievement on intrinsic motivation. Πρακτικά Που Διεθνούς Συνεδρίου Αθλητικής Ψυχολογίας. Πανεπιστήμιο Θεσσαλίας
12. Goudas, M., & Biddle, S. (1993). Intrinsic motivation after fitness testing is affected by achievement goal orientations. Πρακτικά 8ου Παγκόσμιου Συνεδρίου Αθλητικής Ψυχολογίας

Supervision of completed Phds

	Name	Title
1	Diakaki Eleni	Greek cyclists on the move: Narrating the migration experience.
2	Kolovelonis Athanasios	Development, application and evaluation of a program for teaching self-regulation in physical education
3	Giannoudis Georgios	The effectiveness of a life-skills program in physical education
4	Magotsiou Evmorfia	Development, application and evaluation of a program for teaching social skills in physical education

Funded projects

	Title	Funding Body	Amount (Euros)
1.	Enhancing Quality Primary Physical Education	European Union – Erasmus +	35.000 (Partner Budget)
2.	Supporting Policy and Action for Active Environments	European Union – Erasmus +	50.000 (Partner Budget)
3.	Employability of Graduates of Sport	European Union – Erasmus LLP	70.000 (Partner Budget)
4.	The Kalipatira project. From sport to daily life. All equal – all different. (with Y. Theodorakis)	Greek Ministry of Education	250.000
5.	Curriculum development for the department of Physical Education and Sport Science (with Y. Theodorakis)	Greek Ministry of Education	248.000
6.	Self-Regulation Development for Learning A Sport Technique	Research Committee University of Thessaly	5000
7.	Teachers' accreditation in computing	Greek Ministry of Education	80.000
8.	Internship in physical education and sport	Greek Ministry of Education	120.000
9.	Development and Validations of Life Skills Programs In Physical Education	Research Committee University of Thessaly	3.000
10.	Employing qualitative methodology to examine factors affecting students' intrinsic motivation in physical education	Research Committee University of Thessaly	3.000
11.	Developing educational materials for changing students' attitudes towards smoking and physical activity	Research Committee University of Thessaly	3.000