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## **CV**

Anastasia Tsiami was born in 1986 in Katerini. She graduated from the Department of Physical Education and Sport Science of the Aristotle University of Thessaloniki in 2007, specializing in teaching traditional dances. Anastasia Tsiami completed her postgraduate studies in the field of exercise psychology at the University of Thessaly at 2011 and continues to the doctoral course of study exploring the relationship between depression, physical activity and health behaviors. Anastasia Tsiami is a dancer on Lykeion Ellinidon Katerinis and has worked as physical educator in kindergartens. She was a track and field athlete on 800 meters and now is judge race of national judge's federation on track and field.

## **Presentations at Congresses**

1. Tsiami, A., Tsimbidas G., & Douka, S. The presence of women in sports. 10<sup>th</sup> National Conference of Physical educator's Union of North Greece (E.G.V.E.), 16-18 March 2007, Thessaloniki, Proceedings of Conference pp. 96-97
2. Tsimbidas, G., Tsiami, A., & Douka, S. Customs and traditions of the village Ormylia Halkidiki. 10<sup>th</sup> National Conference of Physical educator's Union of North

Greece (E.G.V.E.), 16-18 March 2007, Thessaloniki, Proceedings of Conference pp. 97.

3. Tsiami, A., Tsimbidas, G., & Douka, S. The effect of traditional dance in the psychology of adults. 21<sup>st</sup> World Congress on Dance Research, 5-9 September 2007, Athina.

4. Tsimbidas, G., Tsiami, A., & Douka, S. The custom of Saint George Mantilas. 21<sup>st</sup> World Congress on Dance Research, 5-9 September 2007, Athina

5. Tsiami, A., Tsimbidas G., & Douka, S. The position of dancing in education of the ancient Creeks. 11<sup>th</sup> National Conference of Physical educator's Union of North Greece (E.G.V.E.), 11-13 April 2008, Thessaloniki, Proceedings of Conference, pp. 90.

6. Tsiami, A., Tsimbidas G., & Douka, S. Episodes of violence in sports. 11th National Conference of Physical educator's Union of North Greece (E.G.V.E.), 11-13 April 2008, Thessaloniki, Proceedings of Conference, pp. 67.

7. Tsimbidas, G., Tsiami, A., & Douka, S. The significance of war Pyrrhic dance in ancient Greece. 11th National Conference of Physical educator's Union of North Greece (E.G.V.E.), 11-13 April 2008, Thessaloniki, Proceedings of Conference, pp. 90-91.

8. Tsimbidas, G., Tsiami, A., & Douka, S. The effects of media in sports. 11th National Conference of Physical educator's Union of North Greece (E.G.V.E.), 11-13 April 2008, Thessaloniki, Proceedings of Conference, pp. 67.

9. Tsiami, A., Tsimbidas, G., & Douka, S. Ancient dances in comedy. 22<sup>nd</sup> World Congress on Dance Research, 2-6 July 2008, Athina.

10. Tsiami A., Tsimbidas, G., & Douka, S. Comparisons of ancient orheses and Greek traditional dances. 22<sup>nd</sup> World Congress on Dance Research, 2-6 July 2008, Athina.

11. Tsimbidas, G., Tsiami, A., & Douka, S. Dances in circleshape and the pigeonwing dances. 22<sup>nd</sup> World Congress on Dance Research, 2-6 July 2008, Athina.

12. Tsimbidas, G., Tsiami, A., & Douka, S. Ormulia (Halkidiki), Historical and religious watch. 22<sup>nd</sup> World Congress on Dance Research, 2-6 July 2008, Athina.