

## PhD

Download the PhD Guide

Download the [APPLICATION - STATEMENT](#) 

Download the [SUPERVISOR'S ACCEPTANCE FORM](#) 

## Doctors

	NAME	AWARD DATE	SUPERVISOR	TOPIC
1.	KOUTHOURIS CHARALAMPOS	14/12/2008	BAGIATIS KONSTANTINOS	THE INFLUENCE OF SERVICE QUALITY IN
2.	KONSTANTINAKOS STEFANOS	05/7/2007	AVGERINOS THEODOROS	THE CLASSIFICATION AND PHYSICAL
3.	NATSIS PETROS	1/4/2003	THEODORAKIS YANNIS	A LONGITUDINAL STUDY OF GREEK STUDENTS
4.	PERKOS STEFANOS	10/2/2003	THEODORAKIS YANNIS	DIFFERENT KINDS OF SELF-TALK FOR LEARNING
5.	AVGERINOUS VASILIOS	18/4/2003	KRIEMADIS ATHANASIOS	THE STOCK AND STOCK EXCHANGE
6.	PAPANTONIOU GEORGIOS	02/6/2003	AVGERINOS THEODOROS	THE INFLUENCE OF ETHIC ON THE ANCIEN
7.	SGARAS KONSTANTINOS	12/11/2003	AVGERINOS THEODOROS	
8.	PAPAHARISSIS VASSILIOS	28/3/2003	BAGIATIS KONSTANTINOS	THE IMPLEMENTATION OF A LIFE SKILLS DEV
9.	HASSANDRA MARIA	23/1/2004	BAGIATIS KONSTANTINOS	THE PROGRAMS OF SOCIOMORAL DEVELOPM
10.	PASCHALIS VASILIOS	25/02/2004	KOUTENTAKIS YANNIS	THE EFFECT OF ECCENTRIC EXERCISE ON
11.	GRAMMATIKOPoulos KOSTAS	05/02/2004	KOUSTELIOS ATHANASIOS	THE ANALYSIS OF INNOVATIVE PHYSICAL
12.	MOUZAKIDIS CHARALAMPOS	16/5/2005	THEODORAKIS YANNIS	EXERCISE AS A FACTOR OF CHANGE IN
13.	TSIGGILIS NIKOLAOS	14/02/2005	KOUSTELIOS ATHANASIOS	THE CHARACTERISTICS MODEL AND

14.

TSIMEAS PANAGIOTIS 28/2/2006 TSIOKANOS ATHANASIOS PHYSIOLOGICAL AND FUNCTIONAL CHARACTERISTICS OF ELITE JUDO ATHLETES

15. GIAGKOUDAKIS FANIS 19/2/2008 BAGIATIS KONSTANTINOS EFFECT OF AEROBIC AND ANAEROBIC TRAINING ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

16. KOUTSIORAS IOANNIS 19/2/2008 TSIOKANOS ATHANASIOS POWER OF LOWER LIMBS AND TECHNICAL SKILLS OF ELITE JUDO ATHLETES

17. LAPPA VARDOLAKIS KONSTANTINOS THEODORAKIS YIANNIS EFFECT OF AEROBIC AND ANAEROBIC TRAINING ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

18. THEODOROU ANASTASIOS JAMURTAS ATHANASIOS EFFECT OF ECCENTRIC TRAINING ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

19. GKOLTSIOS KONSTANTINOS SOULAS DIMITRIOS INVESTIGATION IN THE NEED OF SPECIALIZED TRAINING FOR ELITE JUDO ATHLETES

20. MAGGOURITSA GEORGIA DIGELIDIS NIKOLAOS EFFECT OF A PHYSICAL ACTIVITY MONITOR ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

21. KARATRANTOU KONSTANTINA CERODIMOS VASSILEIOS EFFECT OF A COMBINED AEROBIC AND ANAEROBIC TRAINING ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

22. GKOLIA AIKATERE 20/11/2014 KOUSTELIOS ATHANASIOS TRANSFORMATIONAL LEADERSHIP AND COACHES' BEHAVIOR

23. VARAMENTI EVDOKIA 20/11/2014 KOUTEDAKIS YIANNIS EFFECT OF AEROBIC AND ANAEROBIC TRAINING ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

VARIATIONS OF OXIDATIVE STRESS, INFLAMMATION AND ANGIOGENESIS MARKERS DURING AEROBIC AND ANAEROBIC EXERCISE

24. SAVVA CHRISTOS 29/11/2014 GIAKAS GIANNIS EFFECT OF AEROBIC AND ANAEROBIC TRAINING ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

25. KONTOGIANNIS MANDELIA KOUTHOURIS CHARALAMPOS EFFECT OF GREEN MARKETING TOOLS ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

26. BILIOS PETROS 31/3/2015 SOULAS DIMITRIOS EFFECT OF DIFFERENT WHOLE BODY EXERCISES ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES

27. TSIAKARA AGGELI 31/3/2015 DIGELIDIS NIKOLAOS PSYCHOLOGICAL PHENOMENON OF COMPETITION IN ELITE JUDO ATHLETES

28. [BOUGIESI MARIA](#) 08/07/2015 ZISI VASSILIKI MENTAL HEALTH AND EMOTIONAL INTELLIGENCE IN ELITE JUDO ATHLETES29. [KROMMIDAS CHARALAMPOS](#) 08/07/2015 PAPAIOANNOU ATHANASIOS EFFECT OF AEROBIC AND ANAEROBIC TRAINING ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES30. [GOROZIDIS GEORGIOS](#) 08/07/2015 PAPAIOANNOU ATHANASIOS TEACHING AND COACHES' BEHAVIOR IN ELITE JUDO ATHLETES31. [ZALAVRAS ATHANASIOS](#) 08/07/2015 JAMURTAS ATHANASIOS EFFECTS OF AEROBIC EXERCISE ON THE PHYSICAL AND PSYCHOLOGICAL PERFORMANCE OF ELITE JUDO ATHLETES32. [BELIAS DIMITRIOS](#) 08/07/2015 KOUSTELIOS ATHANASIOS LEADERSHIP STYLE, ORGANIZATION AND COACHES' BEHAVIOR IN ELITE JUDO ATHLETES

33.

YPOFANTI MARIA

08/07/2015 ZISI VASSILIKI COGNITIVE-BEHAVIORAL THERAPY FOR SMOKING CESSATION:  
34.

SYRMPAS IOANNIS

25/11/2015 DIGELIDIS NIKOLAOS EXAMINATION OF PE STUDENT TEACHERS' AND PE TEACHERS'  
35.

KERAMIDAS PANAGIOTIS

25/11/2015 THEODORAKIS YIANNIS THE RELATIONSHIP OF MOTIVATIONAL CLIMATE AND SOCIAL BE  
36.

GEORGAKOULI KALLIOPI

25/11/2015 JAMURTAS ATHANASIOS EFFECTS OF EXERCISE ON ALCOHOL USE  
37.

VARVERI DANA E

29/03/2016 SAKKAS GEORGIOS DEVELOPMENT OF AQUATICITY THROUGH WATER GAME A  
38.

DIAKAKI ELENI

29/03/2016 GOUDAS MARIOS GREEK CYCLISTS ON THE MOVE NARRATING THE MIGRATION E  
39.

TZATZAKI THEODORA

29/03/2016 HATZIGEORGIA ELEFTHERIA INTERACTIONS AND SELF-REGULATION STRATEGIES FOR SMOKING  
40.

TSIAMI ANASTASIA

29/03/2016 THEODORAKIS YIANNIS EXERCISE, SMOKING AND DEPRESSION SYMPTOMS  
41.

VALENTE ANGELICA

29/03/2016 JAMURTAS ATHANASIOS EXAMINATION OF THE FUNCTIONAL ARCHITECTURE OF HUM  
42.

DELI K. CHARIKLIA

21/07/2016 JAMURTAS ATHANASIOS EFFECT OF ECCENTRIC EXERCISE AND IRON SUPPLEMENT  
43.

[GRIGORIOU STEFANIA](#)

21/07/2016 KARATZAFERI CHRISTINA EFFECT OF EXERCISE ON THE PERCEPTION OF FATIGUE IN CHRONIC DISEASE  
44.

GRATSANI STAMATIA

22/11/2016 THEODORAKIS YIANNIS COUNSELING ELDERLY PEOPLE FOR SMOKING CESSATION  
45.

PSOUNI STAVROULA

22/11/2016 THEODORAKIS YIANNIS CHANGE OF ATTITUDE AND BEHAVIOR WHICH ARE RELATED WITH THE PERCEPTION OF RISK  
46.

GALANIS EVANGELOS

20/07/2017 HATZIGEORGIA DISANTONIOS MECHANISMS IN SPORT: ATTENTIONAL PERSPECTIVE  
47.

MITROU GEORGIA

20/7/2017 KARATZAFERI CHRISTINA  
48.

POULIANITI KONSTANTINA

20/7/2017 KARATZAFERI CHRISTINA  
49.

MORELA ELEYTHERIA

20/7/2017 HATZIGEORGIA DISANTONIOS  
50.

PAPAGEORGAKI ZOE

20/7/2017 THEODORAKIS YIANNIS  
51.

FLABOURAS-NIETOS ELIAS

20/7/2017 KOUSTELIOS ATHANASIOS

52.

MORRES IOANNIS

20/7/2017

HATZIGEORGIA DIS ANTONIOS

53.

TOFAS TRIFONAS

27/3/2018

TZIAMOURTAS ATHANASIOS

54.

RAFAILAKIS ELEYTHERIOS

27/3/2018

TZIAMOURTAS ATHANASIOS

55.

TZIOUMAKIS IOANNIS

27/3/2018

DIGGELIDIS NIKOLAOS

56.

LEODARI DESPOINA

27/3/2018

ZISI VASILIKI

57.

DRAGANIDIS DIMITRIOS

15/11/2018

FATOUROS IOANNIS

58.

POULIOS ATHANASIOS

21/3/2019

TZIAMOURTAS ATHANASIOS

**Ph.D. Candidates**

NAME

ENROLLMENT

SUPERVISOR

TOPIC

TOFAS TRIFON

15-01-2008

JAMURTAS ATHANASIOS

TRANSITION AND DETRAINING EFFECTS OF AE

<a href="#">RAFAILAKIS ELEFTHERIA</a>	18-03-2008	JAMURTAS ATHANASIOS	STRUCTURAL DIFFERENCES OF THE HEART
<a href="#">BOUBAKI SOFIA</a>	18-3-2009	HATZIGEORGIADES	MORAL ENGAGEMENT AND MORAL BEHAVIOUR
<a href="#">SPYROPOULOS GIANNIS</a>	1-4-2009	GIAKAS GIANNIS	BIOMECHANICAL ANALYSIS IN ACTIVE
<a href="#">RODITI ELMINA</a>	1-4-2009	KARATZAFERI CHRISTINA	PHYSIOLOGICAL AND BIOMECHANICAL PARAMETERS
<a href="#">SKLAVOU DIMITRA</a>	21-10-2009	KOUTEDAKIS YIANNIS	CHILDHOOD OBESITY AND ACTIVE LIFESTYLE
<a href="#">VLACHAVAS APOSTOLOS</a>	2-10-2009	TSIOKANOS ATHANASIOS	PERCEPTION OF FATIGUE BASED ON DAILY
<a href="#">TZIOUMAKIS YANNIS</a>	3-2-2010	DIGELIDIS NIKOLAOS	OBSERVING AND ANALYZING COACHES
<a href="#">KONSTANTINOU MARIOS</a>	19-10-2011	THEODORAKIS YIANNIS	
<a href="#">MISAILIDI MARIA</a>	19-10-2011	KOUTEDAKIS YIANNIS	
<a href="#">POULIOS THANASIOS</a>	19-10-2011	JAMURTAS ATHANASIOS	ANATOMY AND PHYSIOLOGY OF FOOTBALL
<a href="#">CHALITSIOS CHRISTOS</a>	19-10-2011	TSIOKANOS ATHANASIOS	BIOMECHANICAL ANALYSIS OF LOCOMOTION
<a href="#">LEONTARI DESPOINA</a>	19-10-2011	ZISI VASSILIKI	INDIVIDUAL AND GROUP COUNSELING FOR SPORTS
<a href="#">GALANIS EVANGELOS</a>	19-10-2011	HATZIGEORGIADES ANTONIS	BIOMECHANISMS
<a href="#">MORELA ELEFThERIA</a>	19-10-2011	HATZIGEORGIADES ANTONIS	
SPORT AND MIGRANTS' ACCULTURATION			

<a href="#">PAPAGEORGAKI ZOI</a>	19-10-2011	THEODORAKIS YIANNIS	THE PERCEIVED EXPERIENCE OF PE LESSONS
<a href="#">SIDERIS VASILEIOS</a>	21-3-2012	GIAKAS GIANNIS	BIOMECHANICAL ANALYSIS IN INTERIOR
<a href="#">KARAGEORGOU ANASTASIA</a>	11-3-2012	THEODORAKIS YIANNIS	PSYCHOLOGY OF EXERCISE FOR PEOPLE WITH
<a href="#">POULIANITI KONSTANTINA</a>	11-7-2012	KARATZAFERI CHRISTINA	MECHANISMS OF MUSCLE FUNCTION
<a href="#">MITROU GEORGIA</a>	11-7-2012	KARATZAFERI CHRISTINA	MECHANISMS OF MUSCLE FUNCTION: THE
<a href="#">KOUTIVA MARIA</a>	17-10-2012	KOUSTELIOS ATHANASIOS	PERFORMANCE, WORKPLACE WELL-BEING AND
<a href="#">FLABOURAS-NIETOS</a>	08-11-2013	KOUSTELIOS ATHANASIOS	EDUCATORS' EMOTIONAL INTELLIGENCE, SELF



GERAMPINIS PANAGIOTIS	13-10-2015	GOUDAS MARIOS	PSYCHO-SOCIAL FACTORS ASSOCIATED WITH
SIKAVARAS IOANNIS	13-10-2015	PAPASTERGIOU LEONIDAS	LEARNING WHILE MOVING: DESIGN, DEVELOPMENT
BRISIMIS EVANGELIOS	10-3-2015	ZOURBANOS NIKOLAOS	FACTORS THAT INFLUENCE STUDENTS' ATTITUDES
TSIRIGAKIS SPYRIDON	03-3-2015	KOUTEDAKIS YIANNIS	INDIVIDUALISED EXERCISE TRAINING IN RELATION
CHARALAMPIDOU KATERINA	13-10-2015	ZISI VASSILIKI	PARKINSON DISEASE AND PHYSICALLY INDEPENDENT
DRAGANIDIS DIMITRIS	13-10-2015	FATOUROS IOANNIS	EFFECTS OF INFLAMMATION ON ANABOLIC METABOLISM
DELILIGKA STERGIANI	10-10-2015	BEKIARI ALEXANDRA	COMMUNICATIVE FEATURES IN EDUCATION: THE CASE OF
ZAMPIRA IRIS	14-10-2015	SAKKAS GEORGIOS	QUALITY OF LIFE AND HEALTH PROMOTION STRATEGIES
FRITCH JULIAN	14-10-2015	HATZIGEORGIOUDIS ANTONIS	

## EMOTIONAL EXPRESSION AND SELF – TALK IN SPORT

ANAGNOSTOU STEPHANOS	13-10-2015	THEODORAKIS THEOFANIS	EFFECTS OF MOTIVATIONAL & INSTRUCTIVE FEEDBACK
ZACHARIS THOMAS	05-02-2016	ZISI VASSILIKI	
TSOUTSOUMPI LYDIA	02-02-2016	KOUTEDAKIS YIANNIS	THERMOREGULATORY FUNCTION OF THE SKIN
IOANNOU LEONIDAS	05-02-2016	KOUTEDAKIS YIANNIS	EFFECT OF RADIATION IN BEHAVIORAL AND PHYSIOLOGICAL
KROMMIDAS CHARALAMPOS	01-02-2016	PAPAIOANNOU MOTAFIOS	MOTIVATION AND PARTICIPATION IN PHYSICAL ACTIVITY
LAZARIDIS ALEXANDROS	02-02-2016	DIGELIDIS NIKOLAOS	OUTDOOR EDUCATION AND PHYSICAL ACTIVITY
KARAMITROU ARISTEA	02-02-2016	ZOURBANOS NIKOLAOS	CONTENT OF ATHLETES SELF-TALK
MANOURAZ NIKOLAOS	10-10-2016	GERODIMOS VASSILIOS	EFFECT OF DIFFERENT COMBINED TRAINING METHODS
VLIORA MARIA	12-10-2016	KOUTEDAKIS YIANNIS	MOLECULAR INVESTIGATION OF FACTORS INVOLVED IN
PSYCHOU DIMITRI	12-10-2016	KOKARIDAS DIMITRIS	EFFECT OF EXERCISE ON IMPROVING COGNITIVE FUNCTION
CHARIKLIA K. DELI	12-10-2016	JAMURTAS ATHANASIOS	EFFECT OF ECCENTRIC EXERCISE BOUT AND RECOVERY
NINTOU ELENI	12-10-2016	KOUTEDAKIS YIANNIS	FACTORS AND SIGNALING PATHWAYS INVOLVED IN



GEORGAKOULI KALYDIP	12-10-2016	JAMURTAS ATHANASSIOS	ASSESSMENT OF PHYSICAL ACTIVITY, BONE
GUILLERMO SANCHEZ	12-10-2016	ZOURBANOS NIKOLAOS	FEEDBACK AND PERFORMANCE
LASHOU VASILIKI	08-02-2017	FATOUROS IOANNIS	EVALUATION OF CELL-FREE PLASMA DN
BOUGLAS VASILEIOS	08-02-2017	PAPAIOANNOU THEODORIS	TECHNOLOGIES IN EDUCATION
KOULORIDAS KONSTANTINOS	08-11-2017	JAMURTAS ATHANASSIOS	ASSESSMENT OF ANTI-INFLAMMATORY AND
AGGELI MARIA	15-11-2017	THEODORAKIS DIMITRIOS	DEVELOPMENT OF AN EXERCISE AND INTEG
PABAGIOTOUNIS FOTIOS	15-11-2017	THEODORAKIS THEANIS	IMPACT OF PHYSICAL EXERCISE AS A C
PAPAGEORGIIOU ELEFTERIA	15-11-2017	DIGELIDIS NIKOLAOS	PROPOSING THE HELLISON'S MODEL FOR THE
SPANOU KYRIAKI	15-11-2017	BEKIARI ALEXANDRA	ANALYSIS OF SOCIAL NETWORKS CONCERN
KOKOTIS XRISTOS	14-02-2018	TSAOPOULOS DIMITRIOS	DEVELOPMENT OF MACHINE LEARNING TEC
LOULES GEORGIO	14-02-2018	PAPAIOANNOU THEODORIS	LEADERSHIP IN SPORT AND PE C
MPATRAKOULIS ALEXIOS	14-02-2018	FATOUROS IOANNIS	
THE EFFECTS OF HIGH-INTENSITY CIRCUIT INTEGRATED NEUROMUSCULAR TRAINING ON HE			
PAPANIKOLAOU KONSTANTINOS	14-02-2018	FATOUROS IOANNIS	EXERCISE-INDUCED MUSCLE DAMAGE, RED
TZOUMA NATALIA	14-02-2018	THEODORAKIS THEANIS	EFFECTIVENESS OF PHYSICAL ACTIVITY
POLYZOY ELENI	16-10-2019		
SAKKAS GEORGIO	16-10-2019		EFFECTS OF THERAPEUTIC SUGGESTIONS PRESENTED DURING GENERAL
ZAKILTHIANAKIS STYLIA	16-10-2019	TSIOKANOS ATHANASIOS	
THE EFFECT OF A BOXING TRAINING PROGRAM ON YOUNG MEN'S PHYSICAL CONDITION			
ZELÉNITSAS HARALAMBOS	16-10-2019	FATOUROS IOANNIS	
SERELI SEVASTI	16-10-2019	PAPAIOANNOU THEODORIS	PERCEPTIONS OF CLASSROOM'S