

Dr Chariklia (Chara) K. DELI

**Position**

Assistant Professor

Subject

Physiology of Exercise

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[Full Curriculum Vitae](#) 

Personal Webpage:**Research Expertise**

Exercise-induced inflammation, Sports nutrition and performance, Strength and Conditioning, Developmental Physiology

Chariklia (Chara) Deli is an Assistant Professor at the Department of Physical Education and Sport Science, University of Ioannina, Greece.

Selected Publications

1	Alexios Batrakoulis, Georgios Loules, Kalliopi Georgakouli, Panagiotis Tsimeas, Dimitrios Katsis, Chariklia K. Deli, Journal of Sport Science, 2019, https://doi.org/10.1080/17445019.2019.1663270
2	Athanasios Z. Jamurtas, Ioannis G. Fatouros, Chariklia K. Deli, Kalliopi Georgakouli, Athanasios Z. Jamurtas, Journal of Sport Science, 2019, https://doi.org/10.1080/17445019.2019.1663270
3	Chariklia K. Deli, Athanasios Poulis, Kalliopi Georgakouli, Konstantinos Papanikolaou, Alexandros K. Papanikolaou, Journal of Sport Science, 2019, https://doi.org/10.1080/17445019.2019.1663270
4	Chariklia K. Deli, Ioannis G. Fatouros, Vassilis Paschalis, Athanasios Tsiokanos, Kalliopi Georgakouli, Journal of Sport Science, 2019, https://doi.org/10.1080/17445019.2019.1663270
5	Chariklia K. Deli, Ioannis G. Fatouros, Vassilis Paschalis, Kalliopi Georgakouli, Athanasios Z. Jamurtas, Journal of Sport Science, 2019, https://doi.org/10.1080/17445019.2019.1663270