

The Department of Physical Education and Sport Science was founded in 1993 and the first students were admitted during the Academic year 1994-1995; DPESS now is part of the School of Physical Education, Sport Science and Dietetics. The Department is in the 150 km<sup>2</sup> Karies campus, Trikala. The total surface area of the infrastructure is 3000 m<sup>2</sup>

consisted of fully equipped laboratories, library, teaching classrooms, teleconferencing facilities, IT and staff offices. Moreover, the campus includes outdoor sport facilities and courts, an amphitheater and teaching classrooms of 1000m<sup>2</sup>

.

### **Mission and Objectives**

DPESS objectives are: a) to cultivate and promote Physical Education and Sports Science through theoretical and applied teaching and research, b) to provide graduates with all the knowledge and skills necessary for their scientific and career development c) To contribute to the advancement of Greek Sports and to promote the ideals of sportsmanship, ethical behavior and fair play. d) To promote public awareness of the importance of exercise as a main contributor to the improvement of health and quality of life.



Last Updated Monday, 11 November 2019 11:26



The facilities (Kampus) are equipped with students' dining hall, library, sports field, gymnasium, health center, departmental rooms, etc.

Kampus also has classrooms, computer room, videoconferencing rooms, etc.