## About

The Department of Physical Education and Sport Science was founded in 1993 and the first students were admitted during the Academic year 1994-1995; DPESS now is part of the School of Physical Education, Sport Science and Dietetics. The Department is in the $150 \mathrm{~km}^{2}$ Karies campus, Trikala. The total surface area of the infrastructure is 3000 m 2
consisted of fully equipped laboratories, library, teaching classrooms, teleconferencing facilities, IT and staff offices. Moreover, the campus includes outdoor sport facilities and courts, an amphitheater and teaching classrooms of 1000 m 2

## Mission and Objectives

DPESS objectives are: a) to cultivate and promote Physical Education and Sports Science through theoretical and applied teaching and research, b) to provide graduates with all the knowledge and skills necessary for their scientific and career development c) To contribute to the advancement of Greek Sports and to promote the ideals of sportsmanship, ethical behavior and fair play. d) To promote public awareness of the importance of exercise as a main contributor to the improvement of health and quality of life.




